

Head Start Newsletter

January 2026

This is the time for new beginnings!!

Now is the time to take a load off and pat yourself on the back for getting through this past year. With this time you can set SMART goals and resolutions to look forward to. SMART goals stand for:

S - Specific: States what is going to be done and who does it.

M - Measurable: Includes how the progress will be measured.

A - Achievable: Making sure the goal can be accomplished.

R - Realistic: Is the goal really fitting your values?

T - Timely: Making sure this goal has a realistic deadline.

Here are some examples of short term and long term goals:

Short Term Goals (3 months - 1 year)

- Creating a morning Routine
- Change your job
- Improving Productivity

Long Term Goals (3-5 years)

- Getting a new pet
- Creating a positive mindset
- Preparing for your child's future

Most important thing to remember is that these are just goals, go at your own pace and pick goals that work best for you and your family.

Attention!

We are always accepting applications for the Head Start program. If you know of a family with a child from the ages 3-5 years of age, please give them the phone numbers to call. The local number is 812-926-3190 or the toll free 1-888-292-5475 and they can ask for Tay ext. 216 and she will assist them.

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ATTENDANCE

Below are the attendance percentages for the month of November for each classroom. The Head Start program is required to strive for at least 85% attendance for each child. When this happens, staff are required to document the reason for the absences and assist families that did not meet the requirement to improve their child's attendance. Children that continue to have poor attendance may be placed back on the waiting list until the barriers preventing regular attendance have been eliminated.

Aurora	Brookville	Dillsboro	EE	Laurel	Lawrenceburg	Moore's Hill	Mt. Carmel	Rising Sun	St. Leon	Sunman	Vevay	Agency
77%	91%	82%	85%	74%	66%	80%	84%	80%	91%	88%	84%	82%

AURORA PERFECT ATTENDANCE

Naomi Day
Lillian Deaton
Lucas Deaton
Connor Rowen
Azalea Smith
August Walker
Ayden Widener

EXCELLENT ATTENDANCE

Emediong Edet

BROOKVILLE

PERFECT ATTENDANCE

Carter Crooker
River Gray
Ingram Hall
Lucus Precht
Trace Precht
Audrey Roark
Lincoln Schnecker
Ivy Uhl
Amary Werner
EXCELLENT
ATTENDANCE
Chevy Gray
Skyler Hufford
Avery Roseberry
Jude Thomson
Amaya Trosky

DILLSBORO PERFECT ATTENDANCE

Kairi Baker
Bellamy Lovelace
Blaire McFarland
Sylas Todd

EXCELLENT ATTENDANCE

Neveah Bell
Emmett Collins
Rosali Schlotterbeck

Lukas Seitz

Atlas Taylor

Maverick Taylor

EAST ENTERPRISE

PERFECT ATTENDANCE

Olivia Bruns
Arizona Curlin

EXCELLENT ATTENDANCE

Karsen Brady
Christopher Duckenfield

Alice Gabbard

Roger Johnson

Kelly Liapis

Weston McClure

Eugene Turner

Cadence Underwood

Weslynn Whiteford

LAUREL

PERFECT ATTENDANCE

Paisley Dye
Annalee Harmon
Paisley Harmon
Olivia McQueen

EXCELLENT ATTENDANCE

Tristen Bartish

Tate Coon

Rhett Klein

LAWRENCEBURG

PERFECT ATTENDANCE

Remington Grace

EXCELLENT ATTENDANCE

Cassius Deitsch

Veda Kinder

Paisley Meadows

Kashon Smith

Everleigh Stikeleather

Zion Stikeleather

Meadow Stratman

MOORE'S HILL

PERFECT ATTENDANCE

Willow Bills

Nova Vernatter

EXCELLENT ATTENDANCE

Jameson Albright

Hazel Goldsmith

Oakley Henson

Lincoln Ison

Atreus Piepmeyer

Tayla Wesley

Lucy Witt

Zane Witt

MT. CARMEL

PERFECT ATTENDANCE

Evelynn DeMoss

Mckenzie Haas

Joel Hettersimer

RISING SUN

PERFECT ATTENDANCE

Paisleigh Hazelwood

Demi Henry

Emma Henry

Arya Mondary

EXCELLENT ATTENDANCE

Emberlynn Slayback

Everlynn Vest

ST. LEON

PERFECT ATTENDANCE

Kason Eckerle

Jesse Gillespie

Kayjae Hunter

Arlana O'Nan

Elaena Smith

Audrey Sorber

Autumn Sorber

EXCELLENT ATTENDANCE

Paislee Johnson

Bradley Longworth

Britt Wilhelm

Rhea Willis

SUNMAN

PERFECT ATTENDANCE

James Buckman

Jasmine Grote

Raelynn Hunt

Olivia Long

Sophia Nunier

Tamen Stevens

Everleigh West

Dalyn Young

EXCELLENT ATTENDANCE

Lily Gump

Autumn Laker

Rome Randall

Jacobo Riveros-Medina

MacKyla Rodgers

Aubrey Smith

VEVAY

PERFECT ATTENDANCE

Porter Adams

Rogue Couch

Trace Couch

Cade English

Avie Faulkner

Spencer Tice

Sissy Wilson

EXCELLENT ATTENDANCE

Presley Hill

Oliver Hull

JANUARY BIRTHDAYS AND UPCOMING EVENTS

Aurora

Neko Martinez-Brown - 18th

Conner Rowen - 18th

Brookville

Cecily Hoffman - 20th

Dillsboro

Sylas Todd - 16th

East Enterprise

Alice Gabbard - 11th

Kelly Liapis - 16th

Carter Thomas - 18th

Laurel

Camber Lewis - 4th

Lawrenceburg

Zion Stikeleather - 7th

Moore's Hill

Jameson Albright - 11th

Abel Henderson - 6th

Mt. Carmel

Elliana Johnson - 18th

Rising Sun

Autumn Scheffler - 3rd

St. Leon

Elaena Smith - 13th

Sunman

Calihan Brandenburg - 19th

Stella Carter - 28th

Willow Harris - 5th

Vevay

Grayson Savage - 12th

Lets Get Involved In These Upcoming Events

12:59



Thursday, January 1, 2026 at 1PM – 4PM
Walk /Bike off the Holidays
 Public - Event by Whitewater Canal Trail

★ Interested ? Going ...

📍 19068 S. Main St. Metamora IN.47030
 19068 S Main St, Metamora, IN 47030-9722, United States

10:43

, 25th, 31st, and January 1st for the holidays.

JANUARY 2026						
SU	MO	TU	WE	TH	FR	SA
28	29	30	31	1	2	3
4	5	6	7	8	9	10
		DILLSBORO STORYTIME WITH MISS TAMMY	AURORA STORYTIME WITH MISS EMILY	DILLSBORO STORYTIME WITH MISS TAMMY	AURORA STORYTIME WITH MISS EMILY	
		TWEEN TABLETOP RPG CLUB (DPL)	TWEEN TABLETOP RPG CLUB (APL)	TEEN TIME		
11	12	13	14	15	16	17
	HUE & BREW	DILLSBORO STORYTIME WITH MISS TAMMY	AURORA STORYTIME WITH MISS EMILY	DILLSBORO STORYTIME WITH MISS TAMMY	AURORA STORYTIME WITH MISS EMILY	
		TWEEN TABLETOP RPG CLUB (DPL)	ROLE- PLAYING GAMES FOR BEGINNERS (DPL)	ROLE- PLAYING GAMES FOR BEGINNERS (APL)		
			TWEEN TABLETOP RPG CLUB (APL)	SHHH... WE'RE READING NOT YOUR MOTHER'S BOOK CLUB READS "TRICKS"		
18	19	20	21	22	23	24
		DILLSBORO STORYTIME WITH MISS TAMMY	AURORA STORYTIME WITH MISS EMILY	DILLSBORO STORYTIME WITH MISS TAMMY	MAHJONG AURORA STORYTIME WITH MISS EMILY	
		LUCKY 5 BINGO	TWEEN TABLETOP RPG CLUB (APL)	BETWEEN LINES	WITH MISS EMILY	

IMPORTANT REMINDERS

- Winter is here, please send the children to class with the appropriate attire (jackets/coats, hats, gloves, etc.)
- Please turn in completed Pink in-kind Sheets and Home/School Connection Activity Calendars.
- Classrooms are looking for volunteers inside and outside the classroom.
- 30 Day Health Requirements (physicals and immunizations) were due September 4th and 90 Day Health Requirements (Dental) were due November 4th for all of the children that started classes August 6th.
- Over the course of the program year we will be making calls for monitoring purposes to random families. Please look out for those as they are beneficial to the program!!!

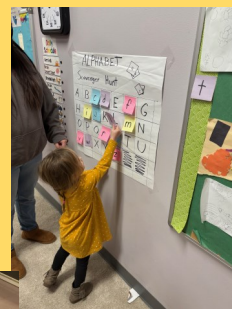
HEAD START SCHOOL NEWS

AURORA NEWS

We have been busy this month learning about jungle animals, having a alphabet hunt, and working on our names. We had some fun with our learning by having a snowball fight, playing in the snow and pretend ice skating. Next month we will focus on letter recognition, letter sounds, identifying the letters in our names and syllables of words.

REMINDERS

- Special Person's Day - 02/04/26
- Policy Council - 02/05/26
- Parent Meeting - 02/10/26
- Take Care Day (No Class) - 02/16/25
- Dad Event - 02/21/25



HEAD START SCHOOL NEWS

BROOKVILLE NEWS

Hard to believe that this month has come and gone already. We have been learning about farms and different ways of transportation. One of our favorite books we have read is, Truck Full of Ducks by Ross Burach. Our next theme that we will be learning all about is Winter. Make sure your child is coming to school every day with a coat as we do still go outside to play. Please make sure your child has a change of clothes in the classroom just in case of a spill or accident. Continue sending in those pink In-Kind sheets and Home/School Connection Activity Calendars.

REMINDERS

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DILLSBORO NEWS

Dillsboro crew back with our fun information update. Of course we always enjoy our time together in the classroom. We have all enjoyed all of the crafts we have been doing, unfortunately we have not been able to go outside due to the snow and cold weather. That never stops us from enjoying our time together in the classroom. We are finishing up our winter theme lesson plan. We will be jumping right into the "New Year" theme at the beginning of the new year. We have been making shadow puppets a lot because the kids request them with any free time we may have. They love to see what kind of animals we can make with only using our hands. They also really love having an obstacle course as well. They donut like waiting inline so much, but we all get through it. We also really enjoyed measuring our hands to see who had the biggest hand. Even though they wanted to compare the sizing, they were upset when they found out their hands weren't the biggest. We still had a lot of fun using the ruler. Well that's all for now, until next month,.

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HEAD START SCHOOL NEWS

EAST ENTERPRISE

We will be painting snow, rescuing frozen animals from ice, ice painting, learning all about the winter animals, and winter weather. Please remember to dress your child accordingly, we go outside at 9:00 AM. Please make sure your child has extra clothes in their backpack in case of an accident.

REMINDERS

- Special Person's Day - 02/04/26
- Policy Council - 02/05/26
- Parent Meeting - 02/10/26
- Take Care Day (No Class) - 02/16/25
- Dad Event - 02/21/25

LAUREL NEWS

We are continuing our letter recognition, especially with the letters in our names. We have also learned about winter weather and arctic animals. Please remember changes of clothes as accidents happen. Proper outer wear includes coats, hats, gloves, and shoes. We do go outside after lunch for a bit.

REMINDERS

- Special Person's Day - 02/04/26
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- Parent Meeting - 02/10/26
- Take Care Day (No Class) - 02/16/25
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HEAD START SCHOOL NEWS

LAWRENCEBURG NEWS

No news submitted by teacher.

REMINDERS

- Special Person's Day - 02/04/26
- Policy Council - 02/05/26
- Parent Meeting - 02/12/26
- Take Care Day (No Class) - 02/16/25
- Dad Event - 02/21/25

MOORES HILL NEWS

During the month of December, our classroom has so much fun learning about weather and the different seasons, especially winter! The children were engaged in hands-on experiments, sensory play, and creative art projects that made learning exciting and meaningful. We have made fake snow and explored how it feels, watched snowman winter magic melt, created snowy letters using watercolor and shaving cream, compared water and ice and watched it change, created a rain/thunderstorm in a jar, made a winter snowstorm in a jar, conducted a wind experiment, enjoyed a sensory bin play with colored gems, clear gems, snowflakes, and snow, and brought real snow from outside to explore indoors. We also introduced our adopted cow, Betty! She is two months old and the children are so excited to learn about her. Be sure to check out the information posted on the back of the door this month! We were excited to welcome our new friend Galleta the Gingerbread Man, but just like in the story She ran away! The children made posters to help find her. If you spot Galleta on her adventures, please let us know!

REMINDERS

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- Take Care Day (No Class) - 02/16/25
- Dad Event - 02/21/25

HEAD START SCHOOL NEWS

MT. CARMEL NEWS

Happy New Year families! We hope you all had a wonderful break with your loved ones. This month we are learning about the ocean and all the animals that live in it! We are excited to start the new year and month with your kiddos.

REMINDERS

- Special Person's Day - 02/04/26
- Policy Council - 02/05/26
- Parent Meeting - 02/10/26
- Take Care Day (No Class) - 02/16/25
- Dad Event - 02/21/25

RISING SUN NEWS

This month we began our world study and we started with Antarctica! Our class had a great time learning about the animals that live there, especially the penguins. We also spent a lot of time focusing on mental health exercises and new breathing routines. Our favorite small group activity this month was sorting and matching 3D shapes. The children's favorite "I Love You" ritual was Row, Row Your Boat. Please support our program and join us for our parent meetings! Thank you for turning in your Home/School Connection Activity Calendars and pink In-Kind sheets.

REMINDERS

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- Dad Event - 02/21/25



HEAD START SCHOOL NEWS

ST. LEON NEWS

This month we are learning about the weather. The kids are enjoying pretending to be meteorologist in the dramatic play center. We have also welcomed several new friends that we are excited about getting to know. Please remember to send kids with jackets since it's getting colder. Don't forget to turn in Home/School Connection Activity Calendars and pink In-Kind sheets.

REMINDERS

- Special Person's Day - 02/04/26
- Policy Council - 02/05/26
- Parent Meeting - 02/12/26
- Take Care Day (No Class) - 02/16/25
- Dad Event - 02/21/25

SUNMAN NEWS

We hope everyone has had a lot of fun and safe winter break. In the month of December we have learned about reading. Then in January, we are going to start learning about outer space. The kids have really enjoyed singing and dancing to the song "Paca Paca" by D.J. Ralph.

REMINDERS

- Special Person's Day - 02/04/26
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- Take Care Day (No Class) - 02/16/25
- Dad Event - 02/21/25

HEAD START SCHOOL NEWS

VEVAY NEWS

Exciting things have been happening in our classroom. We are continuing our study on farm animals, but we have also been doing a letter of the week! We want to thank our parents for taking our literacy bags home. Please remember to fill out your Home/School Connection Activity Calendars.

REMINDERS

- Special Person's Day - 02/04/26
- Policy Council - 02/05/26
- Parent Meeting - 02/12/26
- Take Care Day (No Class) - 02/16/25
- Dad Event - 02/21/25





Early Learning Science Family Guide

The Indiana Department of Education is dedicated to informing and educating families about your child's education since you are your child's first and most important teacher. This guide provides an overview of the importance of Science as and providing suggestions of what you can do at home to support your child's development.

The Importance of Science for Young Children

Indiana's Early Learning Foundations include concepts for children's development and address skills and abilities that children are to achieve from birth to age five. These foundations are also aligned to Indiana's K-12 Academic Standards.

Infants and young children are natural scientists. Guidance and structure expands their curiosity and activities into something more scientific –to practice science. The goal is to help children understand the natural world through a process known as scientific inquiry. As children investigate, they acquire knowledge that explains the world around them, for instance, why snow or ice melts. Scientific knowledge helps us predict what might happen, helps us solve problems, and creates expanded technologies to serve our needs.

Foundational Skills Include:

Physical Science

- » Exploring physical objects
- » Properties of objects

Earth and Space Science

- » Characteristics of Earth and sky
- » Seasons and weather

Life Science

- » Awareness of life

Engineering

Scientific Curiosity and Method

Additional Resources

[The National Association for the Education of Young Children \(NAEYC\)](#)

For more tips and resources, see the [Early Learning Online Resources Page!](#)

Turn over for strategies to use at home »

 @EducateIN
#INspireDearly



Early Learning Science

How You Can Help at Home:

Physical Science

- Ask questions about objects (Example: "Are the clothes wet or dry? We put them in the dryer so they will be dry.").
- Narrate daily experiences and tasks using consistent language (Example: Using bath time as an opportunity to dump and fill).
- Provide time for children to investigate and explore, and ask questions (Example: "What do you think will happen if...").
- Experiment with cause and effect. Make a prediction then test it! (Example: Sink vs. float in the kitchen sink).
- Melt ice and discuss what happens.
- Sort laundry by color or who it belongs to.
- Play a guessing game with unique items in your house (Examples: "How do we use this?" or "What else could it be used for?").

Earth and Space Science

- Look at the night sky with your child, discuss and write down observations through drawing (Example: Observe changes in moon over the week).
- Discuss and try tracing shadows of certain objects during daily activities. Come back later in the day to the same spot and retrace. Talk about the difference in the tracings.
- Notice the weather, then talk about how it feels and sounds. Talk about the differences from day to day and season to season.

Life Science

- Observe wildlife in your neighborhood or around your home.
- Plant and care for flowers or vegetables in gardens or windowsill containers if possible.

Engineering

- Take opportunities to assemble things together (Example: Toys, furniture, etc.).
- Build structures using household items (Examples: cardboard, sticks, packing materials, blankets, or sheets).
- Create and test different types of ramps with different household objects.

Scientific Inquiry and Method

- Celebrate effort in creative thinking and trying new things – even if they don't work as planned!
- Ask questions, explore options, and learn together. You don't always need to know the "right" answer, but work with your child to find more information (Example: Research the correct answer on the internet together with your child).

For more tips and resources, see the [Early Learning Online Resources Page!](#)

CONCIOUS DISCIPLINE



The **Skill of Assertiveness** is from the Power of Attention. The power of attention indicates what you focus on, you get more of. With the **Power of Attention**, you can consciously choose to focus your attention on what you truly value. You will recognize the good in yourself and others, teach children what to do, and generate more of the behaviors and outcomes you desire. *The goal is to create images of the expected behavior in an adult's/child's brain.*

When we are upset, we focus on what we don't want instead of what we do want. The goal is to regain self-control so we can deal with life's frustrations effectively. When an adult has been triggered, it is important to pause before reacting, take a deep breath, and remind ourselves we are safe, and we can handle this. It is important to remember to take the three deep breaths!

Assertiveness requires that we paint a picture of the expected behaviors. Make eye contact with the child until they notice you. If the child does not look up, then notice the nonverbal cues and body language to obtain eye contact. For example, "Your face looks like this (mimic the facial expression), and your arms are going like this (imitate the arm movement). Once you notice the child's nonverbal cues, they will make eye contact. Once the eye contact is made, state their name. Verbalize what you want to see. Begin the sentence with a verb and be specific. For example, "Sara, pick up your sandals and put them in the box behind the door." Adults that paint a picture of the expected behavior and use gestures and any other visual cues will make the child be successful.

When adults paint a complete picture with words and actions, the picture will be instilled in children's brains to comply.

For more information on the Seven Powers and Seven Skills go to www.consciousdiscipline.com.

DISABILITIES AND MENTAL HEALTH

Activities to Encourage Speech and Language Development

By: American Speech-Language-Hearing Association



The American Speech-Language-Hearing Association offers these age-appropriate ways that parents can engage their young children to help develop speech and language abilities.

Birth to 2 Years

Encourage your baby to make vowel-like and consonant-vowel sounds such as "ma," "da," and "ba."

Reinforce attempts by maintaining eye contact, responding with speech, and imitating vocalizations using different patterns and emphasis. For example, raise the pitch of your voice to indicate a question.

Imitate your baby's laughter and facial expressions.

Teach your baby to imitate your actions, including clapping your hands, throwing kisses, and playing finger games such as pat-a-cake, peek-a-boo, and the itsy-bitsy-spider.

Talk as you bathe, feed, and dress your baby. Talk about what you are doing, where you are going, what you will do when you arrive, and who and what you will see.

Identify colors.

Count items.

Use gestures such as waving goodbye to help convey meaning.

Introduce animal sounds to associate a sound with a specific meaning: "The doggie says woof-woof."

Acknowledge the attempt to communicate.

Expand on single words your baby uses: "Here is Mama. Mama loves you. Where is baby? Here is baby."

Read to your child. Sometimes "reading" is simply describing the pictures in a book without following the written words. Choose books that are sturdy and have large colorful pictures that are not too detailed. Ask your child, "What's this?" and encourage naming and pointing to familiar objects in the book.

2 to 4 Years

Use good speech that is clear and simple for your child to model.

Repeat what your child says indicating that you understand. Build and expand on what was said. "Want juice? I have juice. I have apple juice. Do you want apple juice?"

DISABILITIES AND MENTAL HEALTH

.Use baby talk only if needed to convey the message and when accompanied by the adult word. "It is time for din-din. We will have dinner now."

Make a scrapbook of favorite or familiar things by cutting out pictures. Group them into categories, such as things to ride on, things to eat, things for dessert, fruits, things to play with. Create silly pictures by mixing and matching pictures. Glue a picture of a dog behind the wheel of a car. Talk about what is wrong with the picture and ways to "fix" it. Count items pictured in the book.

Help your child understand and ask questions. Play the yes-no game. Ask questions such as "Are you a boy?" "Are you Marty?" "Can a pig fly?" Encourage your child to make up questions and try to fool you.

Ask questions that require a choice. "Do you want an apple or an orange?" "Do you want to wear your red or blue shirt?"

Expand vocabulary. Name body parts and identify what you do with them. "This is my nose. I can smell flowers, brownies, popcorn, and soap."

Sing simple songs and recite nursery rhymes to show the rhythm and pattern of speech.

Place familiar objects in a container. Have your child remove the object and tell you what it is called and how to use it. "This is my ball. I bounce it. I play with it."

Use photographs of familiar people and places and retell what happened or make up a new story.

4 to 6 Years

When your child starts a conversation, give your full attention whenever possible.

Make sure that you have your child's attention before you speak.

Acknowledge, encourage, and praise all attempts to speak. Show that you understand the word or phrase by fulfilling the request, if appropriate.

Pause after speaking. This gives your child a chance to continue the conversation. Continue to build vocabulary. Introduce a new word and offer its definition or use it in a context that is easily understood. This may be done in an exaggerated, humorous manner. "I think I will drive the vehicle to the store. I am too tired to walk."

Talk about spatial relationships (first, middle, and last; right and left) and opposites (up and down; on and off).

Offer a description or clues, and have your child identify what you are describing: "We use it to sweep the floor" (a broom). "It is cold, sweet, and good for dessert. I like strawberry" (ice cream).

Work on forming and explaining categories. Identify the thing that does not belong in a group of similar objects: "A shoe does not belong with an apple and an orange because you can't eat it; it is not round; it is not a fruit." Help your child follow two- and three-step directions: "Go to your room and bring me your book."

Encourage your child to give directions. Follow his or her directions as he or she explains how to build a tower of blocks.

Play games with your child such as "house." Exchange roles in the family, with your pretending to be the child. Talk about the different rooms and furnishings in the house.

The television also can serve as a valuable tool. Talk about what the child is watching. Have him or her guess what might happen next. Talk about the characters. Are they happy or sad? Ask your child to tell you what has happened in the story. Take advantage of daily activities. For example, while in the kitchen, encourage your child to name the utensils needed. Discuss the foods on the menu, their color, texture, and taste. Where does the food come from? Which foods do you like? Which do you dislike? Who will clean up? Emphasize the use of prepositions by asking him or her to put the napkin on the table, in your lap, or under the spoon. Identify who the napkin belongs to: "It is my napkin." "It is Daddy's." "It is John's."

While shopping for groceries, discuss what you will buy, how many you need, and what you will make. Discuss the size (large or small), shape (long, round, square), and weight (heavy or light) of the packages.

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LEAD
poisoning

Know the Facts

Lead poisoning is caused by swallowing or breathing lead. Children under 6 years old are most at risk. If you are pregnant, lead can harm your baby.

FACT Lead can cause learning and behavior problems.

Lead poisoning hurts the brain and nervous system. Some of the effects of lead poisoning may never go away.

Lead in a child's body can:

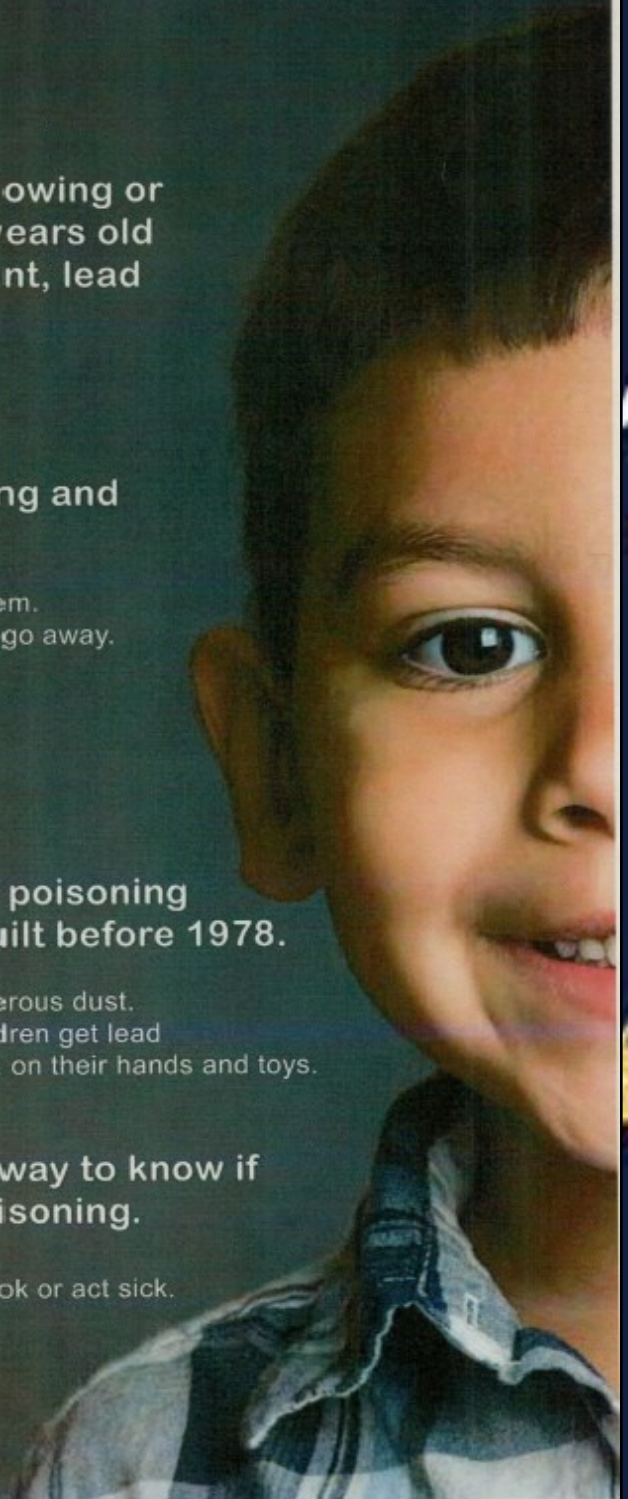
- Slow down growth and development
- Damage hearing and speech
- Make it hard to pay attention and learn

FACT Most children get lead poisoning from paint in homes built before 1978.

When old paint cracks and peels, it makes dangerous dust. The dust is so small you cannot see it. Most children get lead poisoning when they breathe or swallow the dust on their hands and toys.

FACT A lead test is the only way to know if your child has lead poisoning.

Most children who have lead poisoning do not look or act sick. Ask your doctor to test your child for lead.



NUTRITION

Cream Cheesy Cucumber Bites

Ingredients

3 tablespoons low-fat cream cheese, at room temperature
¼ cucumber, cut into thin slices
2 slices whole wheat bread

Directions

1. Spread the cream cheese on one side of each slice of bread.
2. Place the cucumber slices over the cream cheese on one slice of bread.
3. Put the other slice of bread, cream-cheese side down, on top of the cucumbers.
4. Cut the sandwich into bite-size pieces.

Makes 10 to 12 servings

Safety tip: To prevent injuries, an adult should slice ingredients.

